



Cir/07/23-24

Date: 19.06.2023

Dear Parents,

Greetings from **Ryan International School, Kondapur!**

The International Day of Yoga is celebrated across the world annually on June 21 since 2015. On this 9th International Yoga Day our little Ryanites will perform Yoga to motivate each and everyone of us to keep ourselves healthy and fit and participate in different competitions organized by School.

21st JUNE INTERNATIONAL YOGA DAY

GRADE	COMPETITION
GRADE I & GRADE II	(To be conducted in class) PUZZLE COMPETITION -Students will find out the parts of the human body through the word search puzzle.
GRADE III to GRADE V	(To be conducted in class) WORD SEARCH COMPETITION - Students will solve the crossword puzzle by finding out the words from the hints. (To be conducted in class) EXERCISE COMPETITION - Students will do different Yoga Asanas .

Note : International Yoga Day will be celebrated on 21st June.